SERIES DISCUSSION GUIDE

LETTERS TO MY YOUNGER SELF | DEAR YOUNG BOB
BOB PAGE
NOVEMBER 8, 2026

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CONNECTION

- What's something you were afraid to try when you were younger? Looking back, what would you tell yourself now?

MESSAGE RECAP

This weekend, we continued Letters to My Younger Self with a reminder that fear and feelings of inadequacy can keep us from stepping into what God has for us. Looking back on a decision he made at 17, Bob Page shared what he wishes he had understood then: courage isn't built on how we feel or what others say about us. It grows as we trust God's presence and promises. Through the stories of David and Joshua, we were reminded that God is with us in difficult circumstances, that Scripture gives us hope, and that we don't have to face our battles alone.

DISCUSSION QUESTIONS

1. When something feels overwhelming, what is your usual response—push through, pull back, ask for help, or something else? Why do you think that is?
2. What can make it difficult to pause and seek God's perspective before deciding what to do?
3. **Read 1 Samuel 17:32-37, 45-47.** David faced a challenge that intimidated everyone around him. What stands out to you about the source of his confidence?
    - How can remembering ways God has been faithful in the past help us face what is in front of us today?
    - What helps you remember God's faithfulness when you're facing something difficult?
4. **Read Joshua 1:5-9 and Hebrews 13:5-6.** God's promise of His presence gave Joshua courage, and Hebrews reminds believers of that same promise. What do you find encouraging in these passages?
    - What is the difference between trusting God to be with us and expecting Him to make every difficult situation go away?
5. **Read Romans 15:4** Paul says Scripture gives us endurance, encouragement, and hope. When life gets hard, what voices or thoughts tend to shape your outlook?

- How have you or how can you begin to let God's promises speak louder than your fears?

6. **Read 2 Samuel 23:13-17.** Three of David's elite soldiers stepped into a dangerous situation to help him, and David responded with worship.
    - Three of his elite soldiers broke through Philistine lines to retrieve water from the well of Bethlehem. What stands out to you about the willingness of these three men to go to such great lengths for David? What do their actions teach us about the importance of showing up for one another?
    - Who has God placed alongside you during a difficult season? How can we become that kind of encouragement to someone else?
    - David was still in the cave when he worshiped. What can worship look like when our circumstances haven't changed?

APPLICATION QUESTION *(This section is designed to invite group members to reflect on and do on their own.)*

1. This week, identify one situation where fear, discouragement, or uncertainty has been weighing on you. Read Hebrews 13:5–6 and Psalm 23:4 slowly.
    - Write down one promise that speaks to your situation. Pray it, say it aloud, and consider one step of trust you can take this week. Reach out to someone who can pray with you if you need support.

LEADERS – A NOTE AS WE WRAP UP

This **Sunday, November 8**, is our final Series Discussion Guide for the semester!

As the holidays approach, here's your reminder: Not every day needs to be lived at full capacity. Even Jesus regularly stepped away from the crowds to spend alone time with His Father. After a semester of pouring into others make room to rest, renew, and be present with God.

Groups kick off again February 7! Until then, consider gathering monthly to share a meal, have fun, and stay connected. We're grateful for the way you lead, love, and make room for others.

CLOSE IN PRAYER

As we wrap up this semester, take a moment to pause and reflect together. Where have you seen God at work in your life or in our Group? What are you grateful for?

Close by thanking God for what He's done this semester and praying with hope and expectancy for what He has ahead.