

SERIES DISCUSSION GUIDE

PYP – Protect Your Peace

WEEK 1: Peace Is Priceless

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MESSAGE RECAP

In the first week of our new series “PYP: Protect Your Peace,” we discovered that peace is priceless. You can’t buy peace with God, with yourself, or with others. The only purchase price for peace is perfection—and that’s a price none of us can pay.

Thankfully, Jesus already paid it. Colossians 1:19–20 reminds us that “God was pleased to have all his fullness dwell in Christ, and through him to reconcile all things ... by making peace through his blood, shed on the cross.”

Peace begins with salvation—it’s not something we achieve, it’s something we receive. But once we’ve received it, we have to protect it. The promise of peace is not an external position on paper; it’s an internal posture of the heart.

Even the Apostle Paul—after facing beatings, shipwrecks, imprisonment, hunger, and exhaustion (2 Corinthians 11:21–29)—learned how to keep his peace. His life teaches us that peace isn’t the absence of chaos, but the presence of Christ.

That’s why Solomon said in Proverbs 4:23, “Above all else, guard your heart, for everything you do flows from it.” Each week of this series will explore one way we can “guard our heart” and protect our peace.

This week’s focus: PRAY.

WARM-UP QUESTION

What’s one situation recently where you felt your peace was being tested or stolen? How did you respond in that moment?

DISCUSSION QUESTIONS

- Peace Is Priceless

Read Colossians 1:19–20. What does it mean that Jesus “made peace through His blood”? Why do you think peace with God is the foundation for all other kinds of peace?

- Peace Is a Posture

Paul's life (2 Corinthians 11:21–29) was full of hardship, yet he lived with confidence and calm. What do you think helped him “protect his peace” through all of that? How does viewing peace as a posture of the heart change the way we handle stressful circumstances?

- **Guard Your Heart**

Proverbs 4:23 tells us to guard our hearts “for everything you do flows from it.” What are some practical ways we can guard our hearts in today's world of constant noise and comparison? What threatens your peace most often—people, pace, pressure, or past hurts?

- **Pray About Everything**

Read Philippians 4:4–9. What stands out to you about Paul's instructions to “rejoice,” “be gentle,” and “pray about everything”? How does prayer help protect your peace? Verse 9 says, “Whatever you have learned or received or heard from me—put it into practice.” What's one area this week where you can actually practice peace?

- **Peace in Practice (The Kobe Story)**

The message ended with the reminder: “Peace is not found in outcomes—it's found in practice.” What does that mean to you personally? How can “practice” (prayer, gratitude, thought-life, habits) shape the peace you experience daily?

APPLICATION QUESTION

This week, take five minutes each day to pray through Philippians 4:6–7. Ask God to replace your anxiety with His peace, and to guard your heart and mind in Christ Jesus. At the end of the week, reflect: Where did I sense more peace, and what shifted when I chose prayer first?

CLOSING PRAYER

Your closing prayer can include:

Gratitude: Jesus, thank You for making peace possible through Your blood and for giving us a peace this world can't offer or take away.

New Insights & Guidance: Teach us to guard our hearts and protect our peace through prayer and trust in You.

Challenge: Help us to practice peace this week—choosing prayer over panic and worship over worry.

Amen.