

SERIES DISCUSSION GUIDE



GAME CHANGER
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If you would like to watch the message, visit rpc.me/messages.

MESSAGE RECAP

Loss happens. You can be honest with God about everything the "loss" took (i.e. storms of life). You can't hurt God's feelings. You can't put God off. God invites us to bring our honesty to Him. Do you have the kind of prayer life where you can be honest with God about what you've lost?

MAIN POINTS

- Be honest with God about your loss.
- Emotional pain does not vanish on its own. Until you deal with the loss, the emotional pain just goes into the basement of your soul to lift weights.
 - You can bring your emotions to God.
- Don't compare your loss to others.
- Until you are fully honest with God, you will not experience God fully.

READ

Psalm 13:1-6

QUESTIONS

- What words or phrases stand out to you in these passages?
- What are your initial reactions to these passages? How do you relate?
- How can you invite God into your process of loss? [\(Through prayer you can talk to God and be honest about what you're feeling. You can be honest about what the](#)

loss took from you. God wants you to name the loss and your emotions. He wants to hear from you)

- How have you been wrestling with God? What storms of life are you going through that you need to bring to God? (i.e., challenges at work or home, dreams, a hope that died, a relationship, or financial situation)
- In verses 5-6, David pivots his tune. What phrases does David use to describe his relationship with God? (He trusts God, His heart rejoices in God, He sings the Lord's praise for He has been good to him)
- How does David define God's love in verse 5? (an "unfailing" love) How do you define that kind of love? (Not like a summer fling. The Hebrew word for "unfailing" love is *hesed* which means a loyal love, a love that doesn't run out, doesn't quit, and lasts forever.)
- In verse 6, David starts singing the Lord's praise. Why should we sing during life's storms? (The joy of the Lord is our strength, singing is our act of resistance against what is coming our way and what is in our way, to remind us of the truth about who God is and what He says about us, and strengthen our soul)

APPLICATION QUESTIONS

- What is something God wants you to bring to Him?

CLOSE IN PRAYER: How can the group pray for you now and in the days ahead?

LEADERS: Baptism will be on Thursday, July 25 and Sunday, July 28. Encourage people to sign up (rpc.me/baptism or westend.me/baptism) and plan to come and support them. Baptism is a great next step of obedience to grow in your relationship with Christ. You don't have to be a member of RPC|WE to be baptized.