

SERMON DISCUSSION GUIDE

JANUARY 30, 2022



ICEBREAKER

Introduce yourself and share an area you would like to "Get Fit" in this year.

READ

James 4:1-3

QUESTIONS

What are some things that make relationships challenging?

What are some signs of unhealthy relationships?

READ

John 13:34

QUESTIONS

How could our relational issues be indications of a spiritual issue or problem?

How might our relationship with God impact our relationships with one another? (Our relationships are designed to be a reflection of our relationship with God. Understanding how much God loves us impacts not only us but how we view and treat others. If Christ is the center of our lives it changes both our perspective and our behavior.)

READ

Ephesians 4:32 and Philippians 2:3-4

QUESTION

What are the common denominator in these verses? (It's not about us, humility is key, treat others as God treats us, showing kindness and being tenderhearted are powerful reflections of how God relates to us)

QUESTIONS

Why can't relationships be viewed as 50/50?

How does expecting other people to meet all our needs sabotage our relationships?

PRAYER: How can this group pray for you in your relationship with God or in your relationship with others?

God give us grace to love the people around us unconditionally. Help us see others through your eyes. In Jesus' Name, Amen.

LEADERS:

This is the week to set up an email or text group, organize snacks, scheduling and hosting. Try and get a "fun" night on the calendar to meet for dinner.